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[Home](#) | [Gloria's Kinky Links](#) | [Gloria's Counseling FAQ](#) | [The Well-Read Head](#) | [W.D. Brame](#)

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[[Up](#)] [[All About Catherine Gross](#)] [[fetishauctioneer.com](#)] [[to be a good top](#)] [[Old Guard](#)]
[[Public vs. Private: Etiquette, Protocol and Manners](#)] [[D/s Families](#)] [[Vaughan Keith National Educator Award](#)]
[[Sub Hubby Came Out to me](#)] [[The Challenge](#)] [[Using Conditioning: Ethical or not?](#)] [[Helpless Bottoms?](#)]
[[Dominance](#)] [[Emotional Edge Play](#)] [[Hierarchal Structures](#)] [[Body Image](#)] [[Discipline and Goals](#)]

Sub Hubby Came Out to me

1 [candiapple858](#)

2002-11-08 10:27

My husband came clean with me about his bdsm lifestyle. We have been married about 15 years. I did know he was into this, just not know how deep these feelings ran. I am not a prude and have slightly participated with him before mostly light stuff. He has seen pros before and I just found that out, I was slightly ok with it. but Now he wants to go further, he has met a mistress online through a local club and met her and also had a session, it upset me greatly, when he came home. I felt betrayed and jealous, I met her and she is saying that I probably could never give him what he wants, I told her I am willing to learn, that he really enjoys it from an outside party that I do not know is true. I did lay ground rules with them by saying no sex or oral contact, she agreed but I don't know if I could trust them, its not like a pro where there are straight rules set up. They chat constantly (all day sometimes night) and it upsets me, she calls him baby and tells him she needs him and vice versa. Mainly because our relationship has been where he almost controls me not totally but when we had small kids it was like take care of the kids, but the hubby could go out with the guys (dommes) and is a jealous italian guy, who told me if the tables were turned he would kill my dom/domme, so in that respect I want to punish him and not allow him to see her/be with her. I am willing to learn this aspect of his life, but don't know where to begin, I have done the blindfold, gag etc. but have not gotten into humiliation or bondage or beating, which I find might be difficult to do also the beating/hitting/flogging. What would you do in my situation, should we continue the relationship with this woman? Should I find another person/s to train me in techniques? Is this something that he could surpress, since he already has seen pros and dommes? WHAT SHOULD I DO?

2 [notnilla](#)

2002-11-08 12:10

I could never presume to tell you what to do. Perhaps asking yourself and your husband some questions may aid in clarifying the situation?

What is the real basis for the lack of trust with your husband? If you have a solid trust in him, why isn't his word enough? Why don't you trust him to keep to the rules?

Do you have a valid interest in BDSM or would you merely learn the techniques to please him?

Why would you learn skills that are meant to be used with passion just to please another person? IF the answer is because you fear losing him, I suggest you work on this fear and not learning skill sets.

Unless you're in a BDSM relationship, do you have the right to punish another adult for anything?

So what I would do is examine those questions, find a kink friendly therapist who is good and drag my husband off to that therapist so a solid, truthful dialogue could begin.

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3 [Jewel](#)

2002-11-08 15:07

Sorry - I didn't mean to post in this thread. I should learn not to type when I'm half asleep :). Can't seem to the post so I've edited it.

4 [spookyboy](#)

2002-11-09 16:11

i think you should discuss how you feel with him, if you haven't already. i also think he should respect your wishes. Imho, she doesn't sound very trustworthy to me. She's telling you that you can't give him what he wants, and in my opinion that isn't up to her to judge.

5 [firebaby](#)

2002-11-09 23:16

Am i misunderstanding? The thing that struck me first and hardest was that it sounds like he went off looking for satisfaction somewhere else *before* he broached the subject with his wife. My reaction to that is "hmmmmmm...." It would make me think, but that could very well just be me.

Peace
firebaby

6 [candiapple858](#)

2002-11-10 10:56

Notnilla, I definately see your point about the passion that is needed to control someone, the feeling that you do need it. I still think I can learn how to do that and then my internal feelings/passion could come out maybe not the first time or next time but then all of a sudden boom* I get it and it is something unbelievable and I love it. I think this could happen. I have told him to end it and he hasn't and wants to "just be friends" with her. I said there are probably only three scenarios that could result from all this. And the scenarios do not end well in any of them.

7 [candiapple858](#)

2002-11-10 10:59

Firebaby, I think he didn't tell me because of the fear of rejection he might have gotten from telling me in the first place. And I think he wanted to be sur that he was really into all this. I am guessing but he could have been confused by all these intense feelings.

8 [candiapple858](#)

2002-11-10 11:02

spookyboy, what you say I feel is true. I don't know if I can trust her and what her true feelings towards him are. She says that this is just a need that only needs to be quelled, and that there is no love between two people in scenes, but that there are intimate feelings associated with it. Feelings I might never understand. I don't know if I can believe that.

9 [Trinity](#)

2002-11-10 11:27

candiapple,

I don't know the exact situation, but I don't think this bodes well in general. He snuck behind your back, even after you knew that he wanted this stuff?

Some people do work out scenarios where they have a primary partner/spouse/etc and then a dominant or submissive outside of that relationship. But if a person wants to go this route, it should be OK and clearly discussed with the primary partner, or things get messy.

I agree that she doesn't sound trustworthy. This doesn't mean necessarily that she and he are doing the things you've said they're not allowed to do together -- but it certainly sounds like they don't have the proper emotional attitude toward you. They chat all the time and act as though you're not good enough, and that's a bad sign.

As far as how good of a dominant you could be -- I don't think anyone here knows the answer to that. It doesn't have to come naturally right away to be something that would eventually come to you. There are many people who've tried it, thought it was weird, but later found they loved it. So you're right, it's possible --

but being pressured into doing things you don't want is bad. Being desperate to stop someone from doing things that emotionally hurt you isn't the right reason to try this stuff. If the only joy you get from it is the feeling that maybe, just maybe, he won't stray -- that's no good for you. In that scenario, even if you get good, you'll be living out someone else's expectations of you.

In my opinion, part of being a dominant is about sensing, living, and loving your own power *yourself* -- it's not

just about acting out scenarios of power over someone else.

It seems to me that these two have shown that they're willing to hurt you to get what they want, and that doesn't bode well.

Another thing that worries me is your mention of how your husband is so controlling of you in hurtful, limiting ways. That leads me to think that even if you did become a splendid domme, he still wouldn't give you the respect you deserve. I don't know him, but that gives me a bad feeling. Anyone deserves not to be treated in that discounting way.

If he's the type to assume he can control you in a disrespectful and dishonorable way -- how much respect will he truly have for *your* (honorable) control? Doesn't sound like much to me.

10 [candiapple858](#)

2002-11-10 13:37

Thanks for the feedback, I think I know what I have to do and that is to seriously see a therapist to work out these emotions/problems.

11 [Thaien](#)

2002-11-12 17:29

It seems from here that you have a very great deal to be legitimately concerned about, from your husband's treatment of you in the past, and now, with his essentially laying down the law about what he is and what he's doing with someone he's picked up behind your back. In a context where trust is all, this is not a good beginning.

Nor does the 'dom' he's picked out sound trustworthy. She sounds like a troublemaker.

I'm not saying these things to hurt or alarm you -- you already are hurt and alarmed.

I'm typing out of the true life stories I've heard and witnessed of so many people who have suddenly have a bdsm-inclined spouse drop the bomb on them, and along with that bomb, which includes another person in their life that you didn't know about, that seemingly unavoidable exclusionary bubble of "us/bdsm" -- you not, and you cannot understand we superior beings. Which more often than not, with an attitude like that, means more about you consenting to adultery than about his need for bdsm. It usually ends badly.

Talk about topping from the bottom. He's not a submissive, he's a sexual bottom, or so it seems, from your description.

My dear, my dear, my heart goes out to you, and I wish for you great courage, patience (how old are your children?), and far-sightedness; you will probably be the only one demonstrating these essential virtues that will keep it all from exploding in a very messy denouement.

12 [Jewel](#)

2002-11-13 07:48

Whether or not your husband could suppress these desires, it doesn't seem as if he WANTS to suppress them. He's gone off and visited pro-dommes and you've been understanding about that. He's started a BDSM relationship outside the marriage, and you've accepted it. It doesn't seem as if there is any real incentive for him to suppress his desires.

I'm wondering what you are supposed to get out of it? It seems to me that what he's doing is something which is having a serious impact on your relationship in various ways, including taking up a tremendous amount of his time. I am worried that he seems to have made a unilateral decision about something which benefits only him, upsets you, and changes your relationship. It seems very selfish of him.

I am saddened that you are willing to learn to give him what he wants, and he has refused your offer. I'm also irritated by his mistress saying that you can't give him what he wants? How does she know? How does anybody know unless you're given a chance to try? I get the picture that he is the dominant partner in your relationship, and perhaps that stops him from seeing you as a potential domme. It's his perception of you which prevents you giving him what he wants, not your 'domme potential' [which is yet to be established].

Now, I know a lot of people would disagree with me on this next bit! It's only recently that I have started choosing partners BECAUSE they were kinky. Before that, I used to go out with vanilla guys and convert them to kinkiness. Sometimes it worked pretty well. If I've been in a relationship I've always been happy to give people a chance and teach them, rather than just resign myself to them not being kinky. Perhaps your domme side is something which can be brought out, or perhaps you're not really domme at all, but can perform as if you were. Whatever - I think it's unfair that you're not being given a chance.

Unfortunately, I'm not sure that you learning topping skills would do much to help, unless his attitude changes.

I do hope it all works out for you.

13 [candiapple858](#)

2002-11-13 23:42

Thaien, I think you hit the nail on the head. I feel like I am being manipulated by them into believing that he cannot live w/o being with a domme (preferably her). Also, I did not know about the pros until he just came out, I was upset, but before that he kept bugging me about his kinky ways and wanting to see a dominatrix but from where I was (small kids and NO IDEA about bdsm) I just told him to go see one already (not realizing HE would, but he swears up and down that no sex is involved and I s/w some pros confidentially recently and they also say no sex is allowed. Before this we had a good marriage and boing now this, and he blames his parents for some of this as well and says he cannot live w/o now that he is out. I am just so confused and am going to speak with a therapist about this, he is telling me it is something he cannot live without now and has to have it now that he is out. He is showing me a great deal of compassion and we did have a great sex session, I tied him and then humiliated him and did a lot of other things, (still feel uncomfortable talking about that) but I was really turned on, he said it was great, really great, but still not the same since I didn't hit him, I only hit him with a ruler (wrapped up) He is showing me a great deal of compassion and all but don't know if it is to get what he wants, so I am weary. Also, I did say to drop her a couple of days ago and then it drove him crazy/depressed for days, saying how upset he was, that he needs it. And now they are talking again. Jewel I think you are also correct and giving good insight. I have been told though that other spouses consent to these relationships when the spouse can't satisfy the other, what are your opinions on this.

14 [candiapple858](#)

2002-11-14 00:02

Thaien, I went back and read your postings on "Adultery and BDSM" I would like to comment - that my husband says that now that he has come honestly out with me, that the next step should be that I accept him and his needs and that yes I could try and satisfy them, but he needs more and wants to see this domme. He feels he is being totally honest with me. Of course me on the other hand feels like a total fool to allow any husband to see a domme, but he says there is absolutely no sex involved, but there is still that tinge in me that says how do I know for sure and now everytime he leaves the house I am suspicious.

15 [memneth](#)

2002-11-14 08:15

Have you inquired as to how much it costs for him to see the pro dom? Sex may not be involved, but generally pro's (especially reputable one's) do not come cheap. I would be curious since he is being out and honest with you.

Justin Medlin

16 [Thaien](#)

2002-11-14 14:47

Seeing a therapist is an excellent thing to do. Will you be going as a couple, or alone?

Your suspicions, it seems to me (and I'm no expert in any of this, as we are all aware), are a normal response to what's happened, and something that is unavoidable -- especially where trust is everything, meaning also honesty.

However, 'coming out' isn't enough in most cases to establish trust or honesty, particularly when the 'coming out' comes out, so to speak, only after he'd already gotten busy outside of the marriage.

Especially when 'she' says things like (I quote) -- <She says that this is just a need that only needs to be quelled, and that there is no love between two people in scenes, but that there are intimate feelings associated with it. Feelings I might never understand. I don't know if I can believe that.>

This is yours and his marriage, not hers to butt into as the front and center role.

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